



Leadership Institute Graduates Improve In Goal Setting Skills

A primary focus of the National Leadership Consortium Leadership Institute trainings is setting goals and creating actionable steps toward organizational, programmatic, and systems change. Participants develop and refine Leadership Challenges throughout the week, which focus on establishing a plan to implement once returning to their organizations. The pre- and post-surveys taken at the beginning and the end of the Leadership Institutes gauge growth in several areas, including goal setting. Over the past five years, Leadership Institute participants have consistently improved in goal setting skills throughout the week. While changes appear to be incremental at the end of the week-long training, they are statistically significant. We also suspect these skills will continue to grow when participants are able to put them into practice once they are back in the workplace.

If you are interested in working on your goal setting skills and more, join us at one of our upcoming Leadership Institutes! To learn more and to register for an upcoming Leadership Institute, visit www.natleadership.org.

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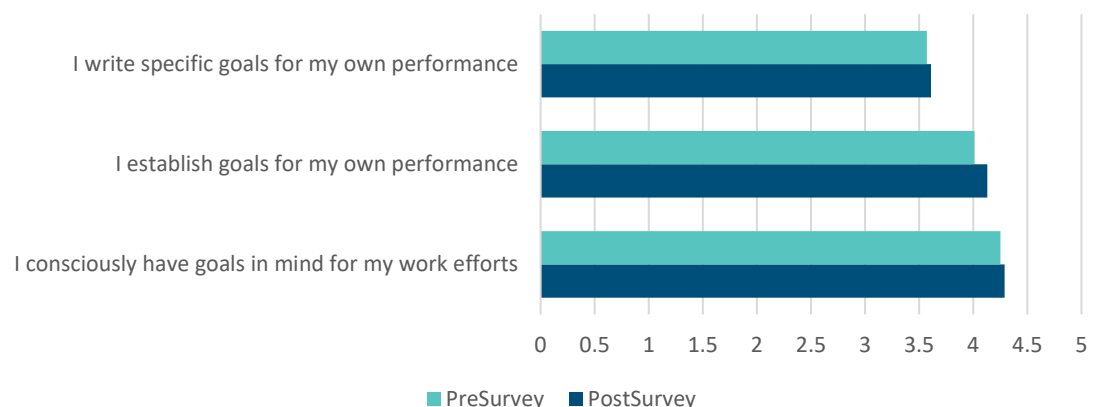
Questions? Comments? Contact Us!

For additional information about the National Leadership Consortium's programs and research, visit www.natleadership.org.

To learn more about upcoming Leadership Institutes or workshops, email Nicole Jones at njones@natleadership.org

Contact Cory Gilden at cgilden@natleadership.org with questions related to our research.

Increased Goal Setting Skills After the Leadership Institute



Leadership Institute participants from the past five years improved in their goal setting skills from an average of 3.94 before the training to an average of 4.01 out of 5 immediately after completing the training (on a 5-point Likert scale from 1 meaning "Not Accurate At All" to 5 meaning "Completely Accurate").